



**BRAIN HEALTHY
COOKING**

Salad & Dressing

Summer Salad with Cinnamon Vinaigrette



Ingredients

DRESSING

- 3 CUP olive oil
- 3 CUP orange juice
- 1 TSP Saigon Cassia Cinnamon
- 1 TSP powdered ginger
- (The cinnamon and ginger in the vinaigrette brings out the flavors in the fruit!)

SALAD

- Field greens
- Strawberries & blueberries
- Toasted almonds & toasted coconut

Directions

Shake vinaigrette to mix thoroughly and pour over desired greens. Add fruit and nuts.

Makes 6 servings

