



**BRAIN HEALTHY
COOKING**

Cocktail

Pineapple Coconut Martini



Ingredients

½ pineapple
1 CUP of ice
2 CUPS chilled coconut
water
1 CUP coconut vodka (best
kept in the freezer)
2 limes
Fresh mint

Makes 4 Glasses

Directions

1. **Prepare** the pineapple by removing the core and the skin and **add** to your high speed blender.
2. **Add** the coconut vodka, ice, coconut water, juice of one of the limes, 2 mint leaves and **blend** until super smooth.
3. **Pour** and **squeeze** in a lime wedge and **serve** with a sprig of mint.



Two Variations Of Glass Rimming:

Dip the edges of the glass in coconut water and **rim** the glass with crushed graham crackers with cinnamon.

Dip the edges of the glass in coconut water and **rim** the glass with Shredded coconut mixed with Cinnamon