

GRAPEFRUIT MINT SALAD



prep time

15 minutes



portion for

4-6 people

The Ingredients:

- 3 Grapefruits
- 2 TBSP Clover Honey
- 2 TBSP Fresh Mint, finely chopped



Cooking Steps:

1. Using a sharp knife, cut away the peel and white parts from the grapefruits, then cut between the membranes to remove the segments.
2. Squeeze the membranes over a bowl to extract the juice.
3. Whisk the honey and mint into the juice.
4. Arrange the segments on a platter and drizzle with honey and mint glaze.