

Breakfast Pesto & Arugula Pizza

Ingredients

6 eggs
2 pieces of whole grain or whole wheat Naan bread
2 TBSP cream or skim milk
2 CUPS arugula
½ CUP pesto sauce
Grape or cherry tomatoes (cut in half)
1 CUP shredded skim mozzarella or whole skim mozzarella slices

Makes 4 Servings

Directions

- 1. Scramble eggs with cream & a
 - dash of pepper, **spray** frying pan with nonstick spray and **cook** eggs until
- done, **place** cooked eggs aside in a bowl
- 2. Place both pieces of Naan bread on a sheet pan
- **3. Spread** pesto sauce on top of Naan Bread and **place** ½ cup of arugula on top of pesto sauce
- 4. Sprinkle scrambled eggs and sliced tomatoes over the arugula
- 5. Add slices of mozzarella cheese or ½ cup of shredded

mozzarella cheese and **add** any other toppings that you prefer

7. Bake at 375° until cheese melts (about 10 minutes)

*Serve with side of fresh fruit & berries

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A recipe from the kitchen of (SLR)